

Setting Your Goals

Vision-Review

- Vision is what success looks like.
- Vision is a picture of where you want to be in the future.
- If you can see it, you can be it.
- Vision must be big-elephant sized.

Eating an Elephant

How can you eat an elephant?

One bite at a time!

How can you fulfill a vision?

One goal at a time!

Goals



- Goals are the steps toward your vision.
- For example, to climb Mount Everest, a team may have goals of establishing four camps as way stations.

Goals

Goals are like:

- The rungs of a ladder
- The footsteps of a journey
- The bites of a...very large meal

Setting Your Goals

Vision is what success looks like.

How do you realize a vision?

One goal at a time.

SMART Goals

- Specific
- Measurable
- Attainable
- Relevant
- Timely

SMART Goals or Weak Goals?

Vision: to be a physician in an inner-city area

- Win the lottery to pay for medical school.
- Enroll in chemistry and biology.
- Volunteer at a health clinic.
- Read books about medical stuff.
- Meet the guidance counselor.
- Watch medical shows on TV.
- Visit a medical school.
- Work on the Public Health merit badge.
- Buy a stethoscope.

Personal Goals

Vision: becoming an Eagle Scout

What are some goals that
would lead to achieving
this vision?

Organizing Goals

- Some goals can be achieved in a short amount of time.
- Others are long-term goals that might require a number of smaller steps.
- Organizing goals is part of *planning*.

Vision–Goals–Planning

- Vision: What success looks like
- Goals: The steps to the vision
- Planning: How to achieve each goal

Summary

- Goals are the steps that lead toward fulfilling a vision.
- Having goals makes accomplishment more likely.

You can choose to be adrift on a boat with no rudder, or you can build the rudder and get where you want to go.