

Leading Yourself

Be, Know, Do

- Be—who you are
- Know—understanding something about yourself
- Do—using personal strengths to improve your ability to lead

Leading Yourself

- Before leading others, you need to lead yourself.
- Begin by asking three questions:
 - Where am I now?
 - Where do I want to be?
 - How do I close the gap?

Leading Yourself



- I'm at the base of the mountain.
- I want to be at the top of the mountain.
- To close the gap, I need to organize my group, plan the itinerary, get provisions ready, load packs, etc.

Vision–Goals–Planning

- Vision is what success looks like.
- Goals are the steps to fulfilling that vision.
- Planning is the way to figure out how to reach your goals.

The Vision Challenge

- Later in the course you will develop a personal vision.
- Begin thinking now about:
 - Where you are
 - Where you want to be

Leading Yourself

You are:

- The person you lead most
- The person over whom you have the greatest influence

Leading Yourself

To lead yourself, you must ask:

- Where am I?
- Where do I want to be? *Vision*
- How do I close the gap?
Goals and Planning

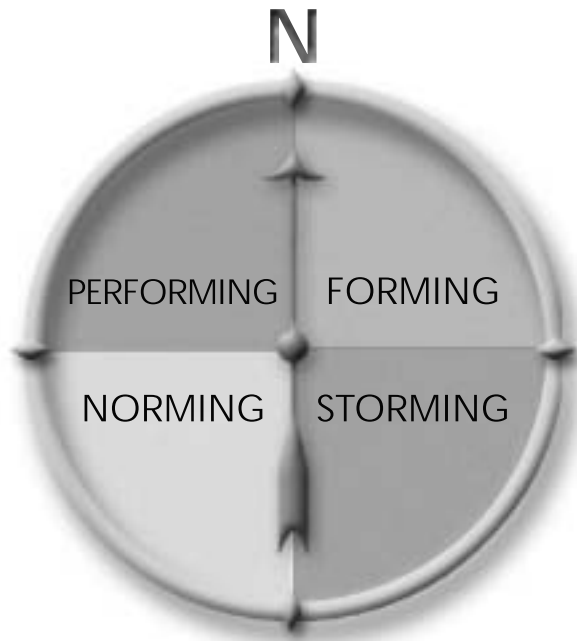
Leading Yourself

- You need to be responsible to close the gap.
- There are many people who can support and help you.

Knowing Yourself

- Knowing yourself is not just:
 - How tall you are
 - The color of your eyes
 - What kind of music you like
- Knowing yourself is also about:
 - How you make decisions with other people
 - How you make decisions by yourself

The Self-Leadership Compass



- When moving toward a goal or learning a skill, we all go through stages:
 - Forming
 - Storming
 - Norming
 - Performing

Summary

Be, Know, Do of Leadership

- Be—Who you are and how you use your strengths
- Know—Teaching and helping others reach their goals
- Do—Communicating, solving problems, and resolving conflicts.

To lead yourself you must ask:

- Where am I?
- Where do I want to be? *Vision*
- How do I close the gap? *Goals and Planning*

Summary

- The stages in working toward a goal or learning a skill:
 - Forming
 - Storming
 - Norming
 - Performing