

## Mountain Eagle

### Requirements

Complete 12 of the 14 following requirements. Staff members in the program areas for each requirement should initial and date the requirement below. Requirements must be completed within one week. Return completed form to program director.

- \_\_\_/\_\_\_ 1. Make a medicine pouch of leather and decorate it with beads and other materials. In your pouch, you should put things that were of significance to you while you completed the award.
- \_\_\_/\_\_\_ 2. Have an overnight wilderness experience by completing either the Rock Garden or Split Rock hike, then complete a wilderness survival overnight trip.
- \_\_\_/\_\_\_ 3. Complete the mile swim award.
- \_\_\_/\_\_\_ 4. Cover the specified 3-mile course in less than one hour.
- \_\_\_/\_\_\_ 5. Canoe 2 miles by yourself.
- \_\_\_/\_\_\_ 6. At the Black Powder Range, complete 2 targets of 3 shots each in a pattern that can be covered by the end of a pop can (2 ½ inches in diameter).
- \_\_\_/\_\_\_ 7. Throw a tomahawk accurately from approximately 6 paces so that it makes a complete rotation and sticks into a 1-foot diameter target 3 out of 5 times.
- \_\_\_/\_\_\_ 8. Start a fire without matches. Use it to cook a meal of edible plants. Eat it.
- \_\_\_/\_\_\_ 9. Make an arrow out of natural material found at camp and use it at the archery range. You must hit a 1-foot diameter target at 20 yards.
- \_\_\_/\_\_\_ 10. Identify 30 plants, shrubs, or trees common to the Fire Mountain area.
- \_\_\_/\_\_\_ 11. Complete a 1-mile orienteering course.
- \_\_\_/\_\_\_ 12. Complete one climb and one rappel on the climbing tower. Ascend any but the easiest route.
- \_\_\_/\_\_\_ 13. Participate in the white water rafting expedition on Tuesday (additional \$65 cost, payable to Chinook Expeditions).
- \_\_\_/\_\_\_ 14. Complete an approved conservation service project around camp.